

## Silver Hares Nordic Liability Waiver

**By signing this document you will assume certain risks. This is a binding legal agreement. Please read carefully.**

I \_\_\_\_\_ hereby affirm that I am a member of Silver Hares Nordic (SHN) which is an informal group of like-minded individuals participating in the activity of cross-country skiing and related programs.

I am voluntarily taking part in the activities of SHN.

I am aware of the risks, dangers and hazards including personal injury and acknowledge participation is entirely at my own risk. I acknowledge that I am solely responsible for my decisions and safety. There is no on snow organizer and no other member, organizer or leader who is responsible for my safety.

In full consideration of the risk of injury while participating in the activities of SHN, and for the right to become a member of SHN and participate in those activities, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily participate in this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation.

I acknowledge that I have carefully read this form and fully understand that it is a release of liability. I expressly agree to release and discharge any and all claims or causes of action I have or may have. I agree to voluntarily give up or waive any right that I may otherwise have to bring a legal action for personal injury or property damage.

\_\_\_\_\_  
Name of Participant (Print)

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Witness to Signature (Print)

Date:

Send to: Pat van Mullem [xcskierpat@yahoo.com](mailto:xcskierpat@yahoo.com)